

KAMALNAYAN BAJAJ NURSING COLLEGE
FIRST YEAR B.SC NURSING
QUESTION BANK
SUBJECT : NURSING FOUNDATIONS

UNIT I

SHORT ANSWERS

- 1) Factors influencing health
- 2) Body defenses
- 3) Functions of Hospital
- 4) Levels of disease Prevention.
- 5) Role of nurse in Primary Health Care

LONG ANSWERS

- 1) Define illness and explain about the illness behaviour.
- 2) Explain the Health Illness Continuum.
- 3) Define Primary Health Care and its function.
- 4) Enumerate the types of Classification of Hospital

UNIT II

SHORT ANSWERS

- 1) Define Nursing, Profession
- 2) Nursing as a Profession
- 3) Characteristics of Nursing practice
- 4) Functions of Nurse
- 5) Qualities of a Nurse
- 6) Ethical principles
- 7) Code of Ethics
- 8) Patient Bill of rights

LONG ANSWERS

- 1) Describe Profession and discuss characteristics of Nursing as a Profession
- 2) Define Nursing . Enlist functions and qualities of a Nurse

UNIT III

SHORT ANSWERS

- 1) Admission Procedure
- 2) Discharge Procedure
- 3) Role of a Nurse in admission of Medico Legal Issues
- 4) Role of Nurse in discharge of Medico Legal Issues.
- 5) Care of the unit after Discharge.

LONG ANSWERS

- 1) Describe the role of the nurse in preparation of unit for admission of newly admitted client in hospital?
- 2) Define Admission and Classify the types of admission?
- 3) Define Discharge and Enumerates the types of discharge?

UNIT IV

SHORT ANSWERS

- 1) Define Communication
- 2) Type of Communication
- 3) Elements of communication
- 4) Levels of Communication
- 5) Communication process
- 6) Factors influencing communication
- 7) Barriers to effective communication
- 8) Phases of Helping relationship
- 9) Purposes of patient teaching
- 10) Importance of patient teaching
- 11) Communication effectively with vulnerable group

LONG ANSWERS

- 1) Define communication, discuss process of communication and factors influencing communication
- 2) Define Nurse patient Relationship, dimensions and phases of Nurse patient Relationship
- 3) Define patient teaching, process of patient teaching and discuss role of nurse in patient

UNIT V

SHORT ANSWERS

- 1) Steps of Nursing Process
- 2) Sources and types of Data Collection
- 3) Nursing Diagnosis
- 4) Difference between medical and nursing diagnosis
- 5) Nursing Assessment
- 6) Evaluation
- 7) Planning

LONG ANSWERS

- 1) Define nursing process and explain in detail with example of nursing process of Implementation
- 2) A 50 year client is admitted with fever of 110 Fahrenheit in male ward Prepare a nursing care plan for the client.

UNIT VI

SHORT ANSWERS

- 1) Purposes of Recording and reporting
- 2) Types of recording and reporting
- 3) Guidelines for reporting
- 4) Methods of recording
- 5) Role of nurse in recording and reporting

LONG ANSWERS

- 1) Define recording and reporting and discuss purposes of recording and reporting

UNIT VI

SHORT ANSWERS

- 1) Factors affecting body temperature
- 2) Regulation of body temperature
- 3) Nursing management for patient with Hyperthermia
- 4) Physiology and regulation of pulse
- 5) Characteristics of pulse
- 6) Factors affecting pulse
- 7) Physiology and regulation of respiration
- 8) Characteristics of respiration
- 9) Factors affecting respiration
- 10) Physiology and regulation of blood pressure
- 11) Characteristics of blood pressure
- 12) Factors affecting blood pressure

LONG ANSWERS

- 1) Define temperature, discuss regulation of body temperature and factors affecting body temperature
- 2) Define pulse, discuss regulation of pulse and factors affecting pulse
- 3) Define respiration, discuss regulation of respiration and factors affecting respiration
- 4) Define blood pressure, discuss regulation of blood pressure and factors affecting blood pressure
- 5) Define Hyperthermia, types of fever and draw nursing care plan for patient with fever
- 6) Define Hypothermia and draw nursing care plan for patient with hypothermia

UNIT VIII

SHORT ANSWERS

- 1) Define Physical Examination
- 2) Purposes of physical examination
- 3) Methods of Physical Examination

LONG ANSWERS

- 1) Define Physical Examination, discuss purposes of Physical Examination
- 2) Enlist types of physical Examination and discuss in detail

UNIT IX

SHORT ANSWERS

- 1) Care of Rubber Goods
- 2) Principles of Cleanliness
- 3) Care of Enamel Goods
- 4) Care of sharp Instruments
- 5) Care of Linen
- 6) Care of Blankets
- 7) Care of Glass ware
- 8) Machinery Care
- 9) Cleanliness of the wards.

LONG ANSWERS

- 1) Explain the role of the nurse in indent and inventory in hospital.
- 2) Describe the responsibilities of nurse in maintenance of Equipments.

UNIT X

SHORT ANSWERS

- 1) Maslow's hierarchy of needs
- 2) Role of Providing clean and safe environment
- 3) Factors influencing hygienic practices
- 4) Care of pressure points
- 5) Principles of bed making
- 6) Factors influencing comfort
- 7) Comfort devices
- 8) Physiology of sleep
- 9) Factors affecting sleep
- 10) Sleep disorders
- 11) Factors affecting nutritional needs
- 12) Physiology of urine elimination

- 13) Factors affecting Physiology of urine elimination
- 14) Physiology of bowel elimination
- 15) Factors affecting Physiology of urine elimination
- 16) Principles of body mechanics
- 17) Factors affecting body alignment
- 18) Factors affecting oxygenation
- 19) Role of nurse in Oxygen administration
- 20) Cardio-Pulmonary Resuscitation
- 21) Regulation of fluid and electrolyte
- 22) Factors affecting fluid and electrolyte balance
- 23) Nurses responsibility in promoting sleep

LONG ANSWERS

- 1) Define bed sore, discuss management of bed sore and explain preventive aspect of bed sore
- 2) Define bed making, enlist types of bed and discuss purposes of operation bed with scientific principles
- 3) Define sleep and rest, discuss physiology and factors affecting sleep
- 4) Discuss physiology of urine elimination and factors affecting

UNIT XI

SHORT ANSWERS

- 1) Nature of infection
- 2) Chain of infection transmission
- 3) Defenses against infection
- 4) Difference between Medical and surgical asepsis
- 5) Isolation precautions
- 6) Personal protective equipments
- 7) Standard safety precautions
- 8) Transmission based precautions
- 9) Decontamination of unit

LONG ANSWERS

- 1) Define infection, discuss chain of infection and nature of infection
- 2) Define Hospital acquired infection and discuss types of Nosocomial infection and role of nurse in prevention of hospital acquired infection
- 3) Define asepsis and discuss about medical and surgical asepsis
- 4) Discuss in detail about Universal Precautions

UNIT XII

SHORT ANSWERS

- 1) Purposes of Medication administration
- 2) Principles in administering medicines
- 3) Routes of medicine administration
- 4) Broad classification of drugs
- 5) Factors influencing drug action
- 6) Role of nurse in administering oral medication

LONG ANSWERS

- 1) Define medication, routes of medicine administration and principles involved in medicine administration

UNIT XIII

SHORT ANSWERS

- 1) Post operative care of patient
- 2) Purposes of bandages
- 3) Purposes of Hot application
- 4) Role of nurse in providing hot application
- 5) Purposes of cold application
- 6) Role of nurse in providing cold application

LONG ANSWERS

- 1) Define bandaging, enlist purposes and principles of bandaging
- 2) Enlist purposes of hot application and discuss methods of hot application
- 3) Enlist purposes of cold application and role of nurse in providing cold application

UNIT XIV

SHORT ANSWERS

- 1) Types of hyperthermia
- 2) Types of hypothermia
- 3) Nursing management for hyperthermia
- 4) Nursing management of hypothermia
- 5) Factors affecting pain
- 6) Nursing management of pain

LONG ANSWERS

- 1) Define hyperthermia, types of hyperthermia and nursing management for patient with hyperthermia
- 2) Define hypothermia, types of hypothermia and nursing management for patient with hypothermia
- 3) Define pain, nature of pain, discuss factors affecting pain and nursing management of patient with pain.

UNIT XV

SHORT ANSWERS

- 1) Grief grieving process
- 2) Signs of clinical death
- 3) Care of dying patient

LONG ANSWERS

- 1) Define death, explain Grief- grieving process and nursing management of death and dying

UNIT XVI

SHORT ANSWERS

- 1) Health belief model
- 2) Health promotion model
- 3) Orem theory
- 4) Peplau's Theory
- 5) Roy's adaptation model
- 6) Needs of Henderson theory